



3SquaresVT
=
**MORE FOOD
AT HOME**
+
**FREE FOOD
AT SCHOOL**

Two great programs in our community work hand in hand:

3SquaresVT helps eligible families put more food on the table, and connects students to free breakfast and lunch at school!

If you or someone you know participates in 3SquaresVT:

- Families will have more money for everyone to eat a nice dinner, pay bills, buy school supplies, and more.
- Our school's meal program is strengthened, which means better attendance, better behavior, and better learning.
- Our community is strengthened because when we feed our students, we feed our future.

If you or someone you know may be eligible for 3SquaresVT, apply today to support your family, school, and community!



Dial 2-1-1 for more information and to be connected with help in your community.

Participating in 3SquaresVT supports families, schools, and our community.



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