

Save money and stretch your food budget with the Earned Income Tax Credit and 3SquaresVT



If you receive the Vermont Earned Income Tax Credit (EITC) and have children under 18 you may qualify for 3SquaresVT.

With 3SquaresVT you can purchase nourishing foods at grocery and convenience stores, co-ops, and many farmers markets! So you can shop for the food you want, when you want it.

Apply today! To learn more, dial 2-1-1 or visit vermontfoodhelp.com

Not sure if you received the Vermont EITC?

Check your last tax return or call the VT Tax Department at 1-866-828-2865.

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To find out if you qualify for federal and Vermont EITC visit vermontfoodhelp.com or contact the IRS at **1-800-829-1040** or www.irs.gov.

OR dial **2-1-1**, free from anywhere in Vermont for information about free tax help services. You can make an appointment and a certified tax preparer will help you claim EITC if you qualify.



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