



3SquaresVT (formerly Food Stamps)

for Immigrants

Who is Eligible?

You may apply for 3SquaresVT food assistance, no matter when you came to the U.S., if you are:

- ◆ under 18
- ◆ an asylee or refugee
- ◆ receiving disability benefits
- ◆ a Cuban or Haitian immigrant
- ◆ an individual granted withholding of deportation or removal
- ◆ an Amerasian
- ◆ Hmong or Highland Laotian tribe member
- ◆ Canadian-born American Indian
- ◆ an individual with U.S. military connections
- ◆ a victim of domestic violence

If you are a **Legal Permanent Resident** who does not fall into any of the above categories, you can only get benefits if:

- ◆ you **have lived in the U.S. for five years** or
 - ◆ you, your parents, and/or spouse have worked in the U.S. for 10 years total
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All immigrants must be lawfully residing in the U.S. and meet income, resource and other eligibility requirements in order to qualify for 3SquaresVT benefits. For more information, materials in other languages or to get an application:

1-800-479-6151

www.vermontfoodhelp.com



Vermont Campaign to
End Childhood Hunger

*This message is funded in part by the USDA,
an equal opportunity provider and employer.*

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 **VERMONT**
DEPARTMENT FOR CHILDREN AND FAMILIES
ECONOMIC SERVICES DIVISION

3SquaresVT

Questions and Answers for Immigrants

Will I have problems getting my green card if I get 3SquaresVT benefits?

No. Getting 3SquaresVT benefits or other non-cash assistance will not count against you when you apply for your green card.

Can my child get 3SquaresVT benefits even if I do not qualify?

Yes. Even if you are not a Legal Permanent Resident or cannot get 3SquaresVT benefits for yourself, your lawfully residing child under age 18 can get benefits. If you apply for 3SquaresVT on behalf of your child, you will not have to give your social security number or answer questions about your immigration status. However, you will have to give information about your income and resources.

If I apply for 3SquaresVT, will the people who live with me have to answer questions about their immigration status?

Only people who want to get 3SquaresVT benefits have to answer questions about their immigration status. People who live in the house but do not want 3SquaresVT benefits will not have to show any immigration papers or give their social security number but will have to give information about their income and resources.

Will the Department for Children and Families Economic Services Division (ESD) report me to ICE (Immigration & Customs Enforcement) if I refuse to answer questions about my immigration status?

No. If you do not want to answer questions about your immigration status, DCF and ESD are not allowed to ask you any more questions or try to find out about your immigration status from anyone else. They will not report you to ICE. However, if they have proof you are undocumented, then they are required to report you to ICE.

Can I get an interpreter to help me apply for 3SquaresVT benefits?

Yes. If you need someone to help you communicate with your DCF/ESD worker, you can ask for an interpreter, and ESD will pay for it.

I applied for 3SquaresVT and was denied. What can I do?

If you think you are eligible for 3SquaresVT benefits, you can appeal ESD's decision. You must file for an appeal within 90 days by writing or calling the ESD office (writing is the best way). Vermont Legal Aid or Legal Services Law Line can give you a lawyer or paralegal to talk with you.

If you need help or have questions, please call

Vermont Legal Aid at 1-800-769-7459.



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