

# 3SquaresVT

(formerly food stamps)

Many Vermonters are eligible  
and don't know it.

Income Limits Have Increased.  
Resources Often Don't Count.



*Putting healthy food  
on Vermont tables.*

Household Size	Monthly Gross Income Limit
1	\$1,679
2	\$2,268
3	\$2,858
4	\$3,446
	For each additional person add \$590

[www.vermontfoodhelp.com](http://www.vermontfoodhelp.com)

1-800-479-6151



*This message is funded in part by the USDA,  
an equal opportunity provider and employer.  
9/28/2011*

