

3SquaresVT

(formerly food stamps)

Many Vermonters are eligible
and don't know it.

Income Limits Have Increased.
Resources Often Don't Count.



*Putting healthy food
on Vermont tables.*

Find out if you might be eligible:

www.vermontfoodhelp.com

1-800-479-6151

Household Size	Gross Income Limit
1	\$1,671
2	\$2,248
3	\$2,824
4	\$3,401
	For each additional person add \$577



Vermont Campaign to
End Childhood Hunger

*This message is funded in part by the USDA,
an equal opportunity provider and employer.*

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 **VERMONT**
DEPARTMENT FOR CHILDREN AND FAMILIES
ECONOMIC SERVICES DIVISION